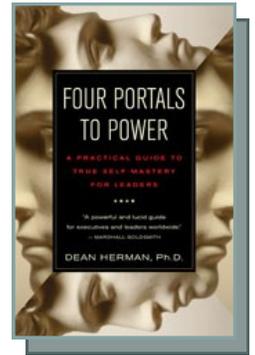




**ASTD Monthly Meeting**  
**June 19, 5:30 p.m.—7:30 p.m.**  
Sutter Health University,  
2700 Gateway Oaks, Sacramento CA  
Register at [www.astdsac.org](http://www.astdsac.org)



ASTD Sacramento invites you to an interactive presentation...

**Dean Herman PhD Presents:**

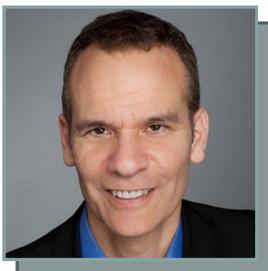
**“Four Portals to Power: True Mastery for Trainers & Coaches”**

Attendees of this session will:

- Understand how to melt resistance and get leaders deeply committed to changing.
- Gain penetrating psychological wisdom that will fundamentally shift how they see their clients, themselves and their actions – so that they can calibrate what they do and elicit the responses they need.
- Acquire a framework for showing managers how they create the very situations that so frustrate them – and how, through self-awareness, they can generate very different outcomes.
- Overall, learn a powerful system of insights and tools for triggering profound leadership and personal transformation.

Regardless of the quality of services you provide, most of the participants in your training, coaching or other interventions are unable to fully open to, and to fully use, what you offer. Holding them back are lifelong personality patterns that impel them to resist their own growth – and that overall block their effectiveness *and* undermine their organizations’ performance. These powerful forces within the personality are the *root cause* of people’s limitations and require potent strategies for their transformation.

In this dynamic and interactive presentation, Dr. Herman will describe a precise and logical approach he has developed that dislodges stultifying personality patterns and generates deep, lasting change. The tools and strategies of this framework foster an exquisite degree of self-mastery *and* relational mastery. Trainers, coaches and OD professionals can use these very accessible methods not just with others, but with themselves as well, in order to optimize their impact.



Dean Herman, Ph.D., is a psychologist and executive consultant. He has enhanced the performance of thousands of leaders in North America, Europe, Asia and Australia at such companies as Hewlett-Packard, Toyota, Nestle, Wells Fargo, Texas Instruments, Siemens and McKinsey & Company. Dr. Herman brings the insights and power of the field of psychology to organizational leaders in ways that are accessible and transformative. He is the author of *Four Portals to Power: A Practical Guide to True Self-Mastery for Leaders*.



**ASTD Monthly Meeting**  
**May 21, 11:30 a.m.—1:00 p.m.**  
**Sutter Health University,**  
**2700 Gateway Oaks, Sacramento CA**  
**Register at [www.astdsac.org](http://www.astdsac.org)**



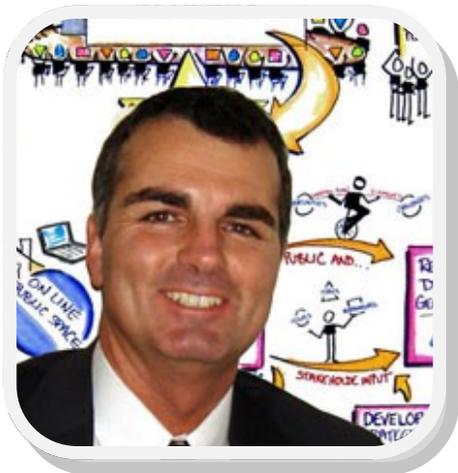
ASTD Sacramento asks...

**Is your drawing ability marginal to say the least?**  
**Do you get anxious thinking about your lack of artistic ability**  
**while charting or training others?**

ASTD Sacramento has the answer to help you relax and focus on the content that really drives you! Spend an hour with **Greg Gollaher** and we guarantee you will come out the other side of this session feeling better about yourself and your new found abilities. **No talent? No problem!** This hands-on, action packed mini-training session provides artistically-challenged participants with simple-to-use techniques that they can be applied immediately. Come join in the fun and increase your communication vocabulary!

Greg has the unique ability to make drawing easy, and fun! He loves to show people that anyone can draw key characters that will enhance their training sessions. He will teach you many tools and tricks that will amaze your future audiences with your new found facility at the drawing or easel board.

Greg is an expert and highly sought after consultant in *graphic recording*. **Graphic recording** increases collaboration, creativity, a sense of participants' inclusion and overall group effectiveness. You too can learn how to incorporate graphic recording theories and practices into your teaching, facilitation or consulting by attending this workshop.



Armed with an MBA and experience in planning, information technology, business analysis, project management and training, **Greg Gollaher** has the unique ability to enhance the experience of groups in an invaluable way. Described as part artist and part business consultant, he uses a combination of words and illustrations to capture (in real time) the ideas, challenges and conclusions presented in meetings, seminars and workshops. A leader in the emerging field of graphic facilitation, Greg has extensively utilized graphic facilitation to increase meeting and training effectiveness and as a means to communicate vision, complex ideas, and intricate processes.